



PSHE at Abbot's Hall - Subject Vision

Intent

At Abbot's Hall, our personal, social and health education (PSHE) curriculum brings together citizenship with personal well-being, whilst promoting fundamental British values. Although PSHE is taught through discreet lessons, it also underpins many activities including assemblies, educational visits and extra-curricular clubs. It is intended that we will offer a cohesive whole-school approach which enables our children to become healthy, independent and responsible members of society.

At Abbot's Hall, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We offer a nurturing learning environment in which each child is encouraged to develop their full potential and where their achievements and successes are celebrated and rewarded. As a school, we believe that children are all individuals and therefore, we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere.

Implementation

PSHE is taught across the school continuously during lessons, assemblies, school clubs, school events and social times. In addition, PSHE is integrated into our curriculum through SMSC and our school values - *'Be the best that you can be.'* Our PSHE curriculum promotes the spiritual, moral, cultural, mental and physical development for our pupils preparing them for life in the wider world.

At Abbot's Hall children are taught:

To develop the knowledge, understanding and skills they need to manage their lives now and in the future.

1. Opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities.
2. The skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.
3. Opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem, and empathy.

Teaching and learning of PSHE using the Jigsaw programme supports this. Through using Jigsaw our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. It develops the qualities and attributes children need to thrive as individuals, family members and members of society and the global community. Jigsaw is implemented throughout the whole school during weekly whole class Jigsaw lessons focusing on different topics each term and is embedded through all lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning.

In EYFS: The provision is planned to ensure development in Physical, Social and Emotional Development (PSED), which occurs daily. In provision, children will explore the ideas of

relationships, feelings and appropriate behaviours, self-confidence and self-awareness, rules and routines and empathy.

In EYFS, KS1 and KS2: We use the Jigsaw Approach as our curriculum planning. Topics in the programme of study are: Being me in my World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships, Changing Me. Each topic begins with a whole school assembly introducing the theme. There are six Puzzles in Jigsaw that are designed to progress in sequence from September to July. Each Puzzle has six Pieces (lessons). Each Piece has two Learning Intentions: one is based on specific PSHE learning (covering statutory guidance for Relationships and Health Education); and one is based on emotional literacy and social skills development to enhance children's emotional and mental health.

The aims of PSHE and Jigsaw within Abbot's Hall are to provide children with:

- accurate and relevant knowledge
- opportunities to create personal understanding
- opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life

Jigsaw deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Children at Abbot's Hall also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect other, appreciate differences and feel confident and informed as a British citizen.

Impact

Children demonstrate and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty. They demonstrate a healthy outlook towards school and this is evident in the good behaviour seen across the school, both in the school and the playground. Pupil voice is used to measure children's understanding. The enhancements mean that Jigsaw, the mindful approach to PSHE, is relevant to children living in today's world as it helps them understand and be equipped to cope with issues like body image, cyber and homophobic bullying, and internet safety. Furthermore, the impact of our PSHE provision can be seen in the children's social interactions, extra-curricular club attendance, School Council, Eco Committee, Sports Ambassadors, House Captains and Junior Road Safety Officers. At Abbot's Hall, we regularly assess the implementation and impact of our jigsaw lessons in order to achieve good progress across all year groups and ensure we provide the support that is necessary for all children to achieve whether that be in class or with additional support. Through our PSHE education, we believe we can enhance children's education and help them to become caring, respectful and confident individuals.