

Physical Education Curriculum Overview

Abbot's Hall Community Primary School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1 Fundamentals: Unit 1	Introduction to PE: Unit 2 Fundamentals: Unit 2	Dance: Unit 1 Ball Skills: Unit 1	Gymnastics: Unit 1 Forest School	Dance: Unit 2 Games: Unit 1	Gymnastics: Unit 2 Ball Skills: Unit 2
Year 1	Fundamentals Team Building	Dance Invasion	Gymnastics Ball Skills	Target Games Yoga	Athletics Forest School	Striking and Fielding Net and Wall
Year 2	Fundamentals Team Building	Dance Invasion	Gymnastics Ball Skills	Target Games Yoga	Athletics Net and Wall	Striking and Fielding Forest School
Year 3	Swimming Basketball Ball Skills Y3/4	Swimming Dance OAA	Swimming Gymnastics Ball Skills	Swimming Football OAA	Swimming Athletics Cricket	Golf Tennis
Year 4	Netball Hockey	Gymnastics Handball	Dance Tag Rugby	Fitness Yoga	Athletics Tennis	Rounders Dodgeball
Year 5	Football OAA	Basketball Dance	Fitness Gymnastics	Yoga Dodgeball	Athletics Cricket	Golf Tennis
Year 6	Tag Rugby Hockey	Gymnastics Dodgeball	Handball Dance	Netball Fitness	Athletics Tennis	Volleyball Y5/6 Rounders